

Vector-Borne Diseases & Treatment

Chapter 5

Climatic Variables and Malaria Transmission

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Abstract

Malaria is one of the major vector-borne diseases caused by plasmodium spp. and transmitted to humans by anopheles mosquitoes. Malaria transmission is highly dependent on climatic variables such as temperature, rainfall and relative humidity. Malaria parasite *Plasmodium* completes its life cycle in two main hosts i.e., mosquito, humans and also in South-East Asian macaques (a natural host of *P. knowlesi*). It completes its sporogony in anopheles mosquitoes which are poikilothermic and requires ambient temperature to complete their life cycle. The duration of sporogony of the parasite inside the mosquito is highly influenced by the temperature. Moreover, malaria transmission is more in rainy season as the female anopheles mosquito lays eggs in water collection; therefore rainfall provides breeding places for mosquitoes which further increases the transmission intensity. Relative humidity has indirect effect on parasite development and survival of mosquito. The life cycles of parasite and the mosquito are completely dependent on temperature and relative humidity. The current chapter deals with the complex relation between the climatic variables and malaria transmission.

Keywords: Climatic Variables, Temperature, Rainfall, Relative Humidity, Plasmodium Parasite, Anopheles Mosquito

1. Introduction

Climate is defined as the long time pattern of weather components such as temperature, humidity, wind, and precipitation etc in a particular area over a period of time. These climatic components are also referred as meteorological variables. Change in climate can influence the human health either directly by extreme weather events such as heat waves, floods, cyclones or indirectly via changes in biological and ecological processes that influence the transmission of vector-borne diseases [1].

In vector-borne diseases, the abundance of vectors is affected by various physical factors such as temperature, rainfall, humidity etc. Moreover, circadian rhythm affects the feeding, resting, and oviposition which are restricted to optimum times, regardless of ambient temperature. Other factors such as forest ecosystem, temporary ground water pools with direct sunlight, vegetation near human settlement, agricultural practices, and human behaviour of the vector can also contribute to the disease burden. In addition, migration, urbanization, poor health infrastructure and other socio-economic contribute [2].

Of various vector-borne diseases, malaria is one of the major diseases and the link between climate and malaria distribution has long been established. Sustained transmission of malaria depends on favorable climatic factors for both mosquito and plasmodium parasite. Temperature, rainfall, and humidity are important, as well as the wind and the duration of daylight. The circadian rhythm affects other behaviors of the vector, such as feeding, resting, and oviposition which are restricted to optimum times, regardless of ambient temperature. Every single element that influences the climate and with it the entire ecosystem, is strongly altered by humans and their activities [3].

2. Malaria Statistics

Malaria continues to be the world's most widespread and serious vector-borne disease. In 2016, an estimated 216 million cases and 445000 deaths were occurred globally [4]. Most of these cases were from WHO regions of Africa (90%), followed by South-East Asia (7%) and the rest from Eastern Mediterranean region (2%) [4]. It is caused by *Plasmodium* parasite and transmitted by *Anopheles* mosquitoes.

3. Plasmodium Parasite

In order to understand the relation between malaria transmission and climatic variables, it is necessary to have brief knowledge of causative agent and its transmitter. As we know that malaria is caused by protozoan *Plasmodium* spp. and transmitted by female *Anopheles* mosquitoes. Of 250 species of plasmodia, five species i.e., *P. vivax*, *P. falciparum*, *P. malariae*, *P. ovale* and *P. knowlesi* infect humans [5]. *P. vivax* and *P. falciparum* are considered to be most widespread parasites. *P. falciparum* is most prevalent in African region (with 99% malaria cases), whereas *P. vivax* is predominant in Americas (64% cases) and 30% above cases, in South- East Asia and 40% in Eastern Mediterranean region [4]. Moreover, *P. knowlesi*, malaria of macaques (*Macaca fascicularis*, *M. nemestrina*) recognized as causative agent of human malaria from South East-Asian countries [6].

3.1. Life cycle of Plasmodium

Malaria parasite *Plasmodium* completes its life cycle in two hosts i.e., mosquito and

humans (**Figure 1**). Infection starts when female anopheles mosquito picks up plasmodium parasites in a blood meal taken from an infectious person and inoculates gametocytes into the healthy human host during another blood meal [7]. In the gut of mosquito, gametocytes develop into sporozoites and this process takes 7-20 days. Then the sporozoites move to salivary glands of mosquito and inoculated into another human when it bites and sucks another blood. Sporozoites move along the bloodstream and infect liver cells, where they mature into schizonts and release merozoites upon rupture [In *P. vivax* and *P. ovale*, the merozoites remain dormant (hypnozoites) in the liver cells and can become active and release into the bloodstream causing relapse even after weeks or years]. The initial replication in the liver is also known as exo-erythrocytic schizogony [8]. The released merozoites in the blood infect red blood cells and multiply into trophozoites (ring stage), mature into schizonts, which rupture releasing merozoites. The cycle of merozoites to schizonts and back to merozoites is referred to as erythrocytic schizogony [9]. In Red Blood Cell (RBC), some merozoites develop into male (micro) and female (macro) gametocytes. These micro and macro gametocytes are ingested by anopheles mosquito, during a blood meal and multiply inside the mosquito, known as sporogony (sexual cycle) [10]. Inside the mosquito's stomach, male and female gametocytes fuse and generate a zygote, which subsequently develops into motile ookinets that invade the midgut wall of the mosquito to develop as oocysts. The oocysts grow, divide, and release sporozoites, which make their way to the salivary glands of the mosquito. When the mosquito is loaded with sporozoites, it takes another blood meal, inoculating sporozoites into a new person's bloodstream, causing malaria infection in the human host [5,11].

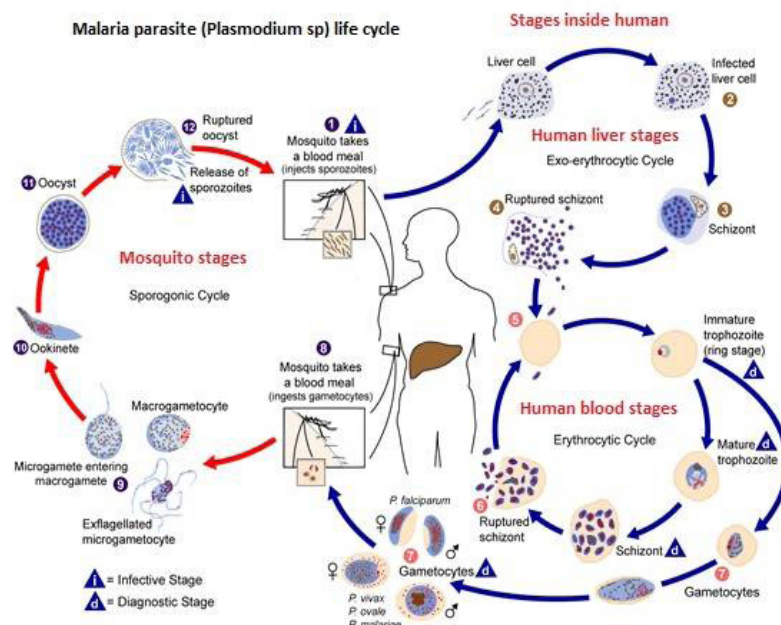


Figure 1: Life cycle of plasmodium parasite in two hosts i.e., humans and anopheles mosquito (Courtesy: Ref. 12)

Table 1: Identified dominant malaria vectors of different regions (Courtesy: Ref. 13-15)

Dominant malaria vectors in different regions			
Americas	Europe and Middle-east	Africa	Asia
<i>An. freeborni</i>			<i>An. barbirostris, An. lesteri</i>
<i>An. pseudopunctipennis</i>	<i>An. atroparvus</i>	<i>An. arabiensis</i>	<i>An. sinensis, An. aconitus</i>
<i>An. quadrimaculatus</i>	<i>An. labranchiae</i>	<i>An. funestus</i>	<i>An. annularis, An. balabacensis</i>
<i>An. albimanus</i>	<i>An. messeae</i>	<i>An. gambiae</i>	<i>An. culicifacies, An. dirus</i>
<i>An. alb tarsis</i>	<i>An. sacharovi</i>	<i>An. melas</i>	<i>An. farauti, An. flavirostris</i>
<i>An. aquasalis</i>	<i>An. sergentii</i>	<i>An. merus</i>	<i>An. fluviatilis, An. koliensis</i>
<i>An. darlingi</i>	<i>An. superpictus</i>	<i>An. moucheti</i>	<i>An. leucosphyrus, An. maculatus group</i>
<i>An. marajoara</i>		<i>An. nili</i>	<i>An. minimus, An. punctulatus</i>
<i>An. nuneztovari</i>			<i>An. stephensi, An. subpictus</i>
			<i>An. sondaicus, An. dthali,</i>
			<i>An. superpictus, An. sacharovi</i>
			<i>An. maculipennis, An. pulcherimus</i>
9	6	7	24
Grand total = 46			

4.1. Life Cycle of Anopheles

Anopheles mosquitoes are poikilothermic (change their body temperature according to the surroundings) and requires ambient temperature to complete their life cycle. Anopheles mosquitoes exploit different habitats for breeding. The female anopheles mosquito lays eggs in water collection; therefore breeding increases in the rainy season when water collects in bottles, tyres, broken water pipes, open tins/cans, open tanks, temporary water ponds formed due to rainfall, agricultural places, etc [16-18]. Female anopheles mosquito undergoes four stages in the life cycle: egg, larva, pupa, and adult (**Figure 2**). The first three stages are aquatic and adult female lays eggs directly on water and the eggs take two days to 3 weeks (in colder climates) to hatch. Larvae of mosquito have well developed head, thorax and segmented abdomen. They spend most of their time on feeding on algae, bacteria etc in the surface of micro layer. In pupa stage, head and thorax merged into cephalothorax with abdomen curving around underneath. After few days as pupa, the dorsal surface of the cephalothorax splits and the adult mosquito emerges. This complete cycle from egg to adult stages are strongly influenced by ambient temperature. The life cycle completes in five days in temperate conditions and 10-14 days in tropical conditions. The adult males feed on nectar or other sugar sources, whereas females on sugars for energy and blood meal for egg development. After taking blood meal, female mosquito rest for few days for digestion and egg development. This process depends on the

temperature and takes 2-3 days in tropical conditions. Female lays fully developed eggs and resumes seeking host. The cycle repeats until the female dies. The life span of female mosquito is up to one month (or little longer) but in general mosquitoes do not live longer than 1-2 weeks where as males can survive about a week in nature [19,20].

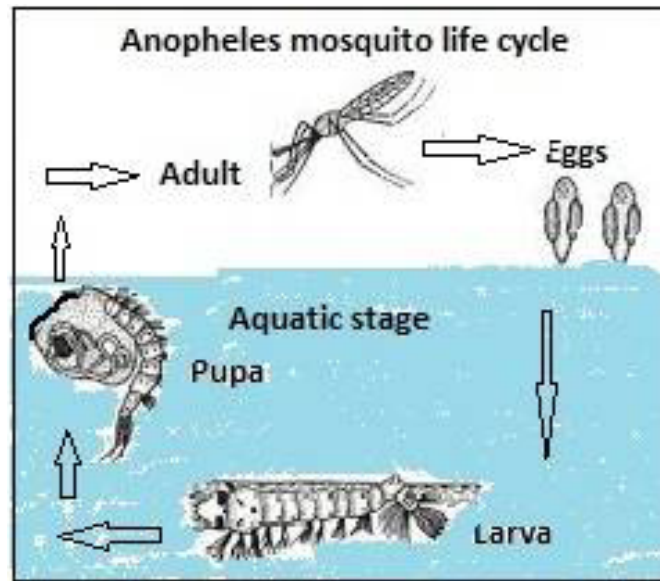


Figure 2: Life cycle of Anopheles mosquitoes

5. Parasite Inside the Vector

After ingested by the mosquito, the parasite undergoes development within the anopheles mosquito before infectious to humans. The time required for the development inside the mosquito is referred as the extrinsic incubation period (EIP/sporogony) which takes 10-21 days. This extrinsic incubation period is completely depends on the parasite species and temperature. Moreover, if the mosquito dies before the completion of extrinsic incubation, then it will not transmit plasmodia to humans [EIP is often longer than mosquito life expectancy] [19,20].

6. Transmission Intensity

The intensity of malaria disease depends on various factors such as vectorial capacity, entomological, entomological inoculation rate, urbanization, population migration change in the land use, agricultural practices, construction of dams/irrigation canals, resistance to insecticides etc [2,21,22,23]. Malaria transmission in human depends on vectorial capacity, longevity of the vector, the duration of the sporogony, interaction between the human and infected mosquito etc. Entomological parameters such as vector distribution rates, feeding behavior, biting rate also contribute in the disease transmission [24]. Moreover, malaria risk will be determined by the vectorial capacity which is further dependant on climatic variables [25].

7. Relation between Climatic Variables and Malaria Transmission

Apart from the above factors, environmental changes, climatic factors affect the biology and ecology of anopheles vectors, and their disease transmission. The complex relations between climatic factors and malaria transmission (**Figure 3**) have been widely reported across the world [26-28]. There are three main climatic factors that affect malaria transmission are temperature, rainfall (precipitation) and relative humidity [29]. The plasmodium parasite and their vector (anopheles mosquito) are influenced by these factors. Temperature influences the life cycle of the parasite and mosquito; whereas rainfall provides breeding places for mosquitoes. The third climatic factor relative humidity has indirect effect on parasite development and on the survival capacity of anopheles mosquitoes [30]. Moreover, these climatic factors not only influence the malaria incidence but also constitute driving forces of malaria epidemics [31-33]. The affect of main climatic variables is described below.

7.1. Temperature

Temperature plays a fundamental role in parasite multiplication inside the mosquito. The temperature range for malaria transmission is between 15 to 40 °C and the number of days required for a mosquito to complete its life cycle depends on the temperature ranges and humidity [34]. Temperature directly influences the mosquito life cycle at different stages including biting rate, gonotrophic cycle (a physiological process of digestion of blood meal and development of ovaries) and survival probability. As the temperature increases, the rate of blood meal digestion also increases, which in turn accelerates ovaries development, egg laying and reduction of gonotrophic cycle. This will make the mosquito to feed more frequently on humans, thereby increasing the disease transmission intensity. The life cycle of mosquito from egg to adult takes 10 days at an optimum temperature of 28°C. The duration gets prolonged at lower temperatures and reduced at high temperatures. The daily survival of the mosquito is dependent on the temperature, 90% of mosquitoes survives at temperatures 16°C-36°C [35]. Moreover the duration of parasite extrinsic incubation period (sporogony) also depends on temperature. Increased temperature leads to reduction in the duration gonotrophic and sporogony cycles which enhances the rate of transmission [36,37]. The average duration of EIP of plasmodium spp. is provided in the table (**Table. 2**). Both gonotrophic and sporogony cycles are highly sensitive to temperature changes [38]. The minimum temperature required for main malaria parasites, *P. vivax* is 14.5–16.5°C and *P. falciparum* is 16.5–19°C for their development inside mosquito [27]. The optimum temperature for parasite development is about 20-30°C [39]. The parasite completes its sporogony in five days temperature exceeds 30°C [40]. However, the survival rate of mosquito decreases at 40°C [41], *Anopheles culicifacies* a rural vector of India cannot survive more than 24 hrs [42].

An iconic study on degree day model was developed by Detinova et al., (1962) to

define the EIP of *P. falciparum* inside the mosquito has been applied in numerous studies over the years. Moreover, numerous researchers across the world have been working on the relation between temperature and development of parasite inside the mosquito or mosquito population dynamics [31,44-46]. In all these models, variations are observed in EIP period and temperature and it could be depend upon mosquito species, mosquito condition, parasite strain, environmental fluctuations and specific vector-parasite combinations etc [47]. Small fluctuations in temperature can either lead to increased malaria incidence and at very high temperature can kill the mosquito, parasite. Moreover, the intensity of malaria transmission will vary spatially and temporally depending on environmental fluctuations and specific vector-parasite combinations.

Table 2: Number of days required for sporogony at different temperatures (Adapted from ref. 2 & 23)

Parasite	Duration of sporogony at 20°C	Duration of sporogony at 25°C	Duration of sporogony at 28°C
<i>P. falciparum</i>	22-23 days	12-14 days	9-10 days
<i>P. vivax</i>	16-17 days	9-10 days	8-10 days
<i>P. malariae</i>	30-35 days	23-24 days	14 days
<i>P. ovale</i>	–	15-16days	12-14 days
<i>P. knowlesi</i>	–	–	–

7.2. Rainfall

Rainfall is considered as a predominant factor for malaria transmission in arid and semi arid regions [48]. It is not only providing breeding places for mosquitoes to lay their eggs, but also modifies the effect of temperature which results in the increasing in the relative humidity which improves the mosquito survival rates [49]. But the relation between rainfall and mosquito abundance is best studied when temperature is not limiting factor. The first three stages of mosquito life cycle is aquatic phase which requires water for laying eggs, larval development and this water is provided through rainfall. Rainfall provides new breeding places and new water to existing ones [50,51]. The persistence of larval habitats and their development is highly depending on the frequency, duration and intensity of rainfall. Heavy rainfall during wet/monsoon season may flush away the vector breeding places [52]. Rainfall based malaria transmission is seasonal in arid, semi arid or high land regions. Several studies have reported increased risk of malaria following heavy rainfall [48, 53, 54]. Moreover, heavy rainfall in the highlands, arid and semi arid regions led to malaria outbreaks [55]. But the amount of rainfall and lag period (time between rainfall and malaria) varies from place to place. The lag period between *P. vivax* and *P. falciparum* was different based on the significant association between the climatic variables [31,32,48]. On contrary to this, there was no association between rainfall and malaria transmission observed in north eastern India [56,57].

7.3. Relative humidity

It is well known that relative humidity has indirect effect on parasite development and survival of mosquito [27]. There is a positive association was observed between rainfall and relative humidity. As the rainfall increases, relative humidity also increases. On the other hand, temperature has negative effect on humidity, as temperature increases humidity decreases. Relative humidity plays important role in arid, semi arid or dry zones. Relative humidity more than 60% along with the temperature between 20 to 30°C favours plasmodium parasite development inside the anopheles mosquito [27]. Humidity levels between 55 to 80% are same for *P. vivax* and *P. falciparum* parasites. At the same humidity levels, *P. vivax* completes its sporogony in 15 to 20 days when the temperature ranges from 15 to 20°C; the number of days decreases to 6 to 10 days when the temperature fluctuated between 25 to 30°C. *P. falciparum* completes sporogony 20 to 30 days when the temperature ranges between 20 to 25°C, 8 to 12 days between 30 to 35°C temperature [34]. Though humidity is not main climatic factor, significant association between relative humidity and malaria incidence was reported [58]. A study from China, reported the significant association between the relative humidity and malaria cases [59]. Studies from India have reported the positive association between malaria incidence and relative humidity [48,60].

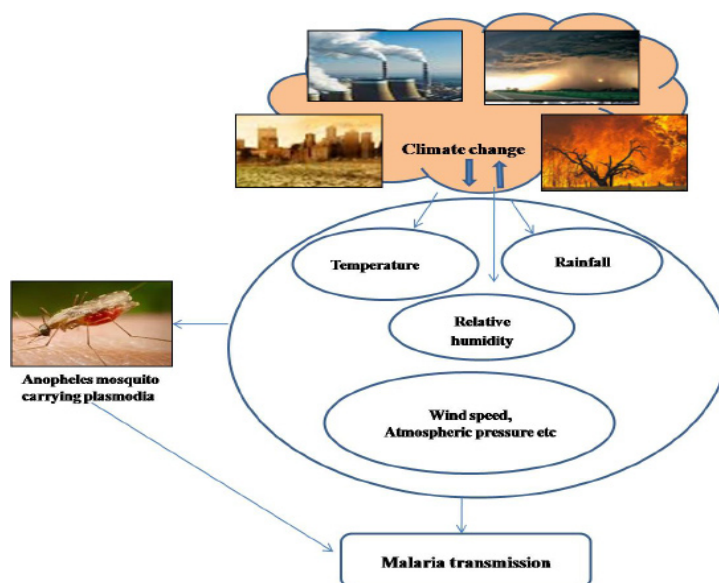


Figure 3: Climatic model of malaria transmission

8. Conclusion

Despite of widespread transmission, it is still difficult to predict future malaria intensity, particularly in the face of climate change. Because the parasites that cause malaria are so strongly tied to mosquitoes for transmission, malaria incidence will change as the climate changes. Though there are numerous studies and mathematical models based on temperature, rainfall and relative humidity to predict malaria transmission/epidemics, it is still unclear and debatable matter how the changes in transmission will occur [25,26,31]. To control the malaria transmission, strong vector control strategy, malaria control interventions, improved health

care system and development of rainfall cutoff based prediction models for dry lands/semi arid regions will help to control the malaria disease in future.

9. References

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